

Frederique Veldhuis - Tummers

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PROFILE

Frederique has an all-round commercial business background, is passionate about facilitating growth and transformation that matters within an organisational context.

Her purpose is to unleash the gold in organisations, teams and individuals by supporting executives and professionals towards achieving sustainable change. She has spent the last 8 years living and working in Africa and that changed her worldview. It made her understand on a deeper level how different cultures operate and how these different views can add value to each other. During her adventure in the Southern African region she founded her company Alchemize and worked with a variety of clients from multinationals to SME companies, non-profit organisations and start-ups.

WORK EXPERIENCE

04/13 – present **Founder | Facilitator @ Alchemize Consulting**

Alchemize is consulting company, passionate about helping small, medium sized and large businesses to achieve 'Transformation that Matters'. It finds and brings out the gold in people, teams and companies leading to more impact on the society. Alchemize loves to combine their 'management book' consulting and coaching experience, tools and processes with unique, sometimes playful approaches to make a deep and long-lasting impact on the people and organizations they work with (see www.alchemize.biz)

06/20 – present **Future Maker | Facilitator @The Next Lab**

The Next Lab is all about today's and tomorrow's challenges. About online collaboration. About applied innovation. About Design Sprints. About fast forwarding innovation. About sharing knowledge. About impact. About energy. About DOING

02/20 – present **Change Maker | Associate @ Better Future**

As a change maker I help organisations understand and appreciate the larger landscape that they thrive in. With a systemic lens, Better Future maps out which interventions and partnerships are required to become a force for good. We help with stakeholder management

02/20 – present **Partner the Netherlands @ [FutureWomenX](#)**

We are a global tribe of courageous, ambitious, forward-thinking female leaders united in our mission to elevate women and drive transformative change for a better future. We are more than an one-off experience. At FutureWomenX we will challenge you to be a meaningful future-maker and guide and support you throughout your career. Joining our tribe commits you to doing the work. You'll become part of a community of courageous leaders from around the world who are dedicated to inspiring, mobilizing, and elevating one another. We offer Executive Coaching, Personal Boards, Global and Impact Expeditions and our Tribe Membership and have offices in

New York, Dubai, Cape Town and Amsterdam.

08/18 – present Founding Member of [Mozambique Women of Energy](http://www.mozambiquewomenofenergy.com) (MWE)

MWE is a platform with passionate professionals determined to change the narrative of Mozambique. MWE will contribute to the achievement of the UN Sustainable Development Goals. 5 & 7: Gender Equality and Affordable and Clean energy for all.

We think, build, connect and lead our future makers to establish Access to Energy for all in Mozambique and beyond! (see www.mozambiquewomenofenergy.com)

08/12 – 10/16 Senior Change Manager, Adept Advisory, Cape Town, South Africa

Adept Advisory delivers flexible and personalized business defining solutions through a highly experienced and globally aligned team. Adept Advisory is an authorized correspondent of Experis, the global leader in professional resourcing and project-based workforce solutions.

As a Senior Manager responsible for set up and delivery of change management practice.

09/08– 12/11 Senior Consultant, &samhoud, Utrecht

&samhoud is a world-class, vision-driven, usual unusual consultancy firm that creates sustainable and measurable value for employees, customers, shareholders and society.

As a senior consultant responsible for business development, design and delivery of change management trajectories.

09/08 – 09/09 Senior Manager and Consultant, &samhoud Women, Utrecht

&samhoud women is an &samhoud subsidiary that connects and inspires female talent. Its goal is to make better use of female talent by providing a network, leadership programs and talent search services for both talented women and the organizations that would like to hire and retain them.

01/08 - 09/08 Sales Director, Nike European Operations, Leusden
03/06 - 01/08 Heineken Brand Activation Manager, Duty Free & Travel Retail Department, Heineken International, Amsterdam.
03/03 - 03/06 Global Account Manager, Duty Free & Travel Retail Department, Heineken International, Amsterdam
08/01 - 03/03 Recruiter, Recruitment & Talent Development, Heineken Netherlands
07/99 - 08/01 Recruitment Consultant, Ebbinge & Company, Amsterdam

EDUCATION

2014 – 2016 Said Business School of Oxford University/ HEC Paris: Executive International Master Consulting and Coaching for Change (Graduated in April 2016):
Dissertation (82-100) on “How Leaders activate Purpose in Organisations they lead.”

1992- 1998 University of Utrecht, Utrecht, Dutch Law: Criminal Law

1986 –1992 Sint-Maartens College, Maastricht, VWO

TRAINING AND DEVELOPMENT

- INSEAD Coaching Certificate (2019)
- Tribe member and future maker at FutureWomenX,
- Integrative Enneagram Solutions, Enneagram Practitioner, Cape Town
- Harvard Business School, Value Profit Chain by Professor Jim.Heskett
- Nyenrode Business University, Value creation, networking and entrepreneurship course
- Worldsvie Academy Nine Conversations of Leadership certified facilitator
- Clarity4D, certified facilitator
- MBTI® certificated trainer STEP I
- Synergos Institute for Haptonomy, Introduction Year, graduated
- NIMA marketing A&B, graduated

LANGUAGES

Dutch (mother tongue), English (fluent), French (average), German (average)

HOBBIES

Iron Man 70.3, cycling, running, skiing, diving; traveling/reading/music