

# Camilla Bellotti

## GICC Executive Coach

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*“The greatest enemy in achieving the efficient frontier professionally and personally is not the lack of data, or the impossibility to understand or forecast it, it’s the illusion that our subconscious needs, personal life and experiences have no impact in the definition of it”*

After more than 20 years working in the financial markets, with working experiences in Investment Banking, Hedge Funds and Private Asset Management, Camilla has chosen the path to become an Executive Coach. As a business executive, woman, wife and mother she has experienced the challenges, impacts and effects of high-profile jobs and is committed to ensure that her clients gain wealth, confidence, awareness and self-development in the coaching process.

Her methodology is based on application of a system psychodynamic approach, focus primarily in supporting executives while facing development, performance, transition and team challenges. Most of her clients are facing periods of unexpected changes, might feel temporarily overworked or overwhelmed, and are subject to high level of stress.

Core concepts of her coaching are:

- Adaptation and endurance,
- Self-efficacy,
- Discretionary effort,
- Team alignment and congruency,
- Constructive behavioral climate.

While facing high pace and demanding roles, Camilla supports her clients in learning to define healthy boundaries, be empathic and reconnect with their inner values and believes to gain personal and professional wealth.

Camilla’s client base is primarily in Central London - where she lives with her husband, daughter and two dogs - but she also supports clients oversea in the USA and Asia.

Camilla has a university degree and MBA in Finance and qualified as Executive Coach at Insead- ICC Coaching Certificate. She is a member of the European Mentoring Coaching Council UK and follows the principle of the Global Code of Ethics (<https://www.globalcodeofethics.org>).